

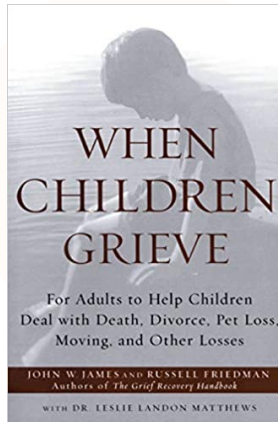


Helping Children Through Pet Loss & Grief

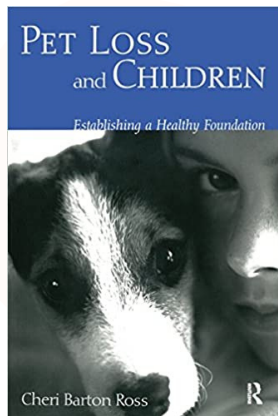
RESOURCES FOR
PARENTS, TEACHERS &
CHILDREN

WWW.PAWSWITHWINGSLONDON.COM

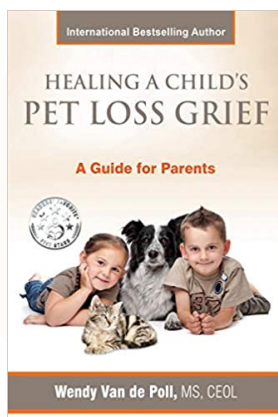
Books for Adults to Help Children Through the Loss of a Pet



**When Children Grieve: For
Adults to Help Children Deal
with Death, Divorce, Pet Loss,
Moving, and Other Losses**



Pet Loss and Children



**Healing A Child's Pet Loss Grief:
A Guide for Parents**

Online Resources For Parents & Teachers

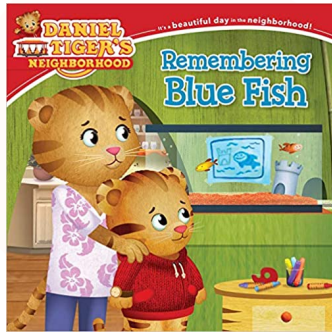
- <https://www.thehelpfulcounselor.com/child-grief-pet-death-activity/>
- <https://www.teacherspayteachers.com/Browse/Search:pet%20grief>
- [https://www.mylemarks.com/store/c30/Grief and Loss Worksheets.html](https://www.mylemarks.com/store/c30/Grief%20and%20Loss%20Worksheets.html)
- <https://hopefulheartsolutions.com/grief-recovery/helping-children/>
- <https://www.lapoflove.com/community/Pet-Loss-Support/Children-and-Pets-Grief-Resources>
- [https://www.rainbowsbridge.com/Grief Support Center/Grief Support/Children and petloss.htm](https://www.rainbowsbridge.com/Grief%20Support%20Center/Grief%20Support/Children%20and%20petloss.htm)
- <https://kidshealth.org/en/parents/death.html>
- [http://schoolcounselorsconnect.weebly.com/uploads/1/0/2/4/10242617/clinical_grief activities booklet.pdf](http://schoolcounselorsconnect.weebly.com/uploads/1/0/2/4/10242617/clinical_grief_activities_booklet.pdf)
- <https://www.wholechildcounseling.com/post/helping-children-teens-cope-with-grief-loss>
- <https://blackwells.co.uk/bookshop/product/9780367145552?gC=098f6bcd4>

Online Resources For Parents & Teachers

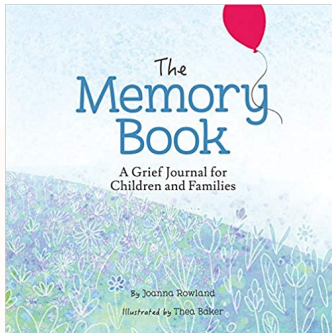
Going back to school after a tragedy:

- <https://childmind.org/article/going-back-school-tragedy/>
- <https://childmind.org/article/signs-trauma-children/>

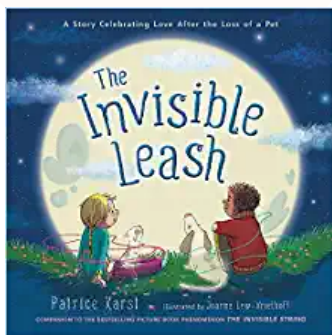
Books to Help Guide Children Through the Loss of a Pet



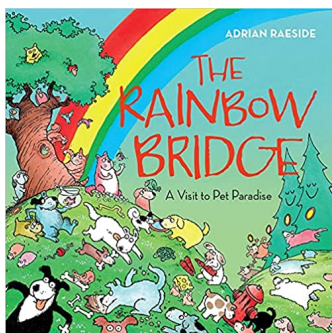
Remembering Blue Fish (Daniel Tiger's Neighborhood)
(Ages 3-7 yrs old)



The Memory Book: A Grief Journal for Children and Families
(Ages 4-8 years old)

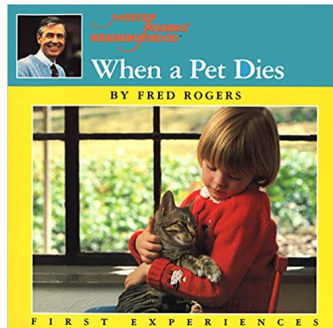


The Invisible Leash: A Story Celebrating Love After the Loss of a Pet
(Ages 4-8 years old)

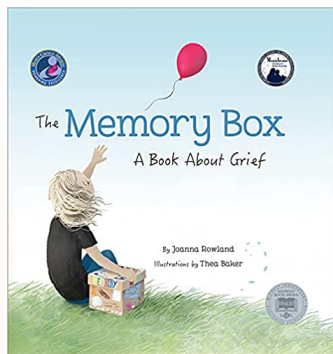


The Rainbow Bridge: A Visit to Pet Paradise
(Ages 4-9 years old)

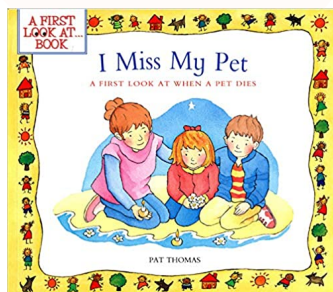
Books to Help Guide Children Through the Loss of a Pet



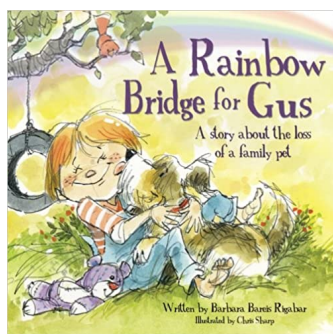
When a Pet Dies
(Ages 4-8 yrs old)



The Memory Box: A Book About Grief
(Ages 4-8 years old)

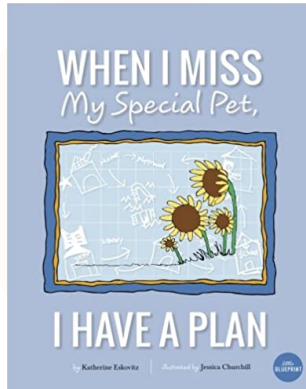


I Miss My Pet: A First Look at When a Pet Dies (A First Look at...Series)
(Ages 4-8 years old)

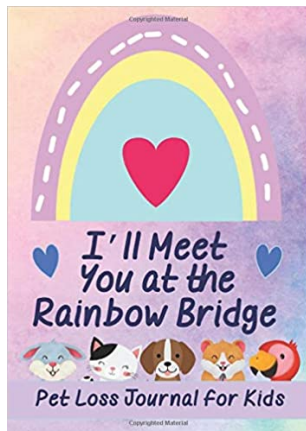


A Rainbow Bridge for Gus: A Story about the Loss of a Pet
(Ages 3-8 years old)

Books to Help Guide Children Through the Loss of a Pet



When I Miss My Special Pet, I Have A Plan



**I'll Meet You at the Rainbow Bridge:
Pet Loss Journal for Kids - Memory
Book for Grieving Death of Cat,
Dog, Fish, Horse, Hamster, Guinea
Pig - Cute Color Interior**
(Ages 7-12 years old)

Activities to Help Children Express Grief

- <https://whatsyourgrief.com/grief-art-activities/>
- <https://hope4hurtingkids.com/category/grief/>
- <http://whatsyourgrief.com/grief-activity-books-for-kids-3-9/>
- Make a collage or scrapbook about the pet.
- Write a story, poem, book or song about the pet.
- Write a letter to the pet.
- Donate money or supplies to an animal shelter.
- Volunteer at a shelter in memory of the pet.
- Plant a garden, tree or flowers in memory of the pet.
- Hold a memorial service for the pet, which may include sharing memories and stories of the pet.
- Create a picture frame for a favorite pet photo.
- Decorate a memory box with the pet's name on it, to hold special items, such as its collar or favorite toy.

Other Online Resources

Child Support Groups

- <https://childrengrieve.org/find-support/9-find-support/58-programs-in-canada>
- <http://www.tinypetmemories.com/articles/resources/pet-loss-support-groups-hotlines-and-therapists/a/ontario-pet-loss-therapists-support-groups-and-grief-hotlines>